Messages that ‘It is Not Illegal to Breastfeed’ and ‘Whangaitia to Pepi - anywhere and anytime’ were strong at a March of around one hundred supporters from Communities along the East Coast in Ruatoria, on May 5.

It was also the International day of the midwife, and Ngati Porou acknowledged the mahi of Midwives and their promotion of Breastfeeding in the combined march.

Ngati Porou men marched down the street with a banner flying high, pakeke marched staunchly beside their mokopuna and pepi were proudly flanked by their whanau. Shops closed in support and many retailers came out to march or line the street in support.

The march ended with the releasing of red, black and white balloons (colours of New Zealand Breastfeeding Association) and purple balloons (Midwifery Colours) at Whakarua Park.

Speeches were made by guest speakers for the day including Marama Davidson of the Human Rights Commission and Lizzie Tamepo of NPH Midwives.

“One aim of the day was to ensure that our East Coast communities and whanau were well informed of their legal rights to Breastfeed and have the confidence to stand up for themselves. The other aim of the day was to celebrate the mahi of our Midwives and celebrate our Midwives,” said Simone Poi of Nati and Healthy NPH.

continued page 3...
He Mihi

Te piki ana tako pikitanga ki nga maunga korero, Ka tu, ka mihi, ka toro matakitaki ake atu ki uta, Ki tai, ki runga, ki raro, Ki nga tihi whakataratara e tu whakatahuri ai i te hau matao i wea ke! Nga homaitanga i nga kete o te Ngati Parou Hauora, i te tepu kore kore o te wa iti nei Koutou te kitea o naianei rangi, ka mihi! E te takohatanga i te puna o! Mauri ora Tatou te patototanga i te tatou ki apopo Maranga ake ra! He kohinga kete, He kohinga Hauora, He kohinga moemoea. Tena Koutou Katoa

George Jhanke Chairman NPH

Editorial

It’s that time of the Maori New Year – a new beginning and a season of growth. Whareponga Marae’s wharekai opened this month surrounded by whanau and friends for the re-dedication ceremony. A great testament to the whanau down in Paradise for their months of building to ensure their wharekai would be finished this year. And to those away from home who supported with fund raising around the country. Ka mahitahi te whanau ka ora ano tatou.

We saw our young ones leave home to start their careers in the navy. In the past six months some of bright young stars have ventured off to join the Navy. The latest recruit Whaiora Horomia-Kaiwai has been preparing for sometime, finished a diving course in Gisborne whilst still at Ngata College last year. She is one of many young school-leavers form the district to join the navy in the past year.

Ngata Lectures 2009 program is an interesting one with a range of guest speakers we are fortunate to have in our midst. It has potential to engage our people at a new level of awareness so we look forward to seeing you all there. Take the whanau along and enjoy this years Ngata Letures. A montage of earlier lectures has been prepared for the event –taken from videos RNP produced many years ago.
“It was a fantastic day and celebrated by all who attended, the releasing of the balloons was an inspiring event for our tamariki. The March promoted whanaungatanga at its best and many people commented on how the March inspired a positive ‘buzz’ because people were united, happy and proud.

Maori Television captured East Coast communities at their best, various people on the march were interviewed and it was great that our pepi were right up front leading the way.

An enormous amount of time and effort was put into organising the March, but the aroha that came forward from our East Coast organisations was overwhelming. A huge thank you to those who were a part of the organising and made this day so successful for all our East Coast communities,” said Mrs Poi.

Tairawhiti REAP, Ngati Porou Hauora (NPH), Te Runanga O Ngati Porou, Hauiti Hauora, Tairawhiti District Health, Ruatoria Police, NPH Midwives from Gisborne and the Coast, East Coast Rugby Union and others were instrumental in organising the logistics, administration, funding, catering, media coverage and guest speakers for the march.

Improving Prevention and Care for People with Diabetes & CVD Risk

Recent research concludes that regular checks with a doctor or nurse - at a younger age and whilst feeling well - are a very important part of protecting communities and whanau at risk of diabetes and its complications. Getting checked earlier for any signs of diabetes and heart disease, and sometimes also taking three medicines to protect our bodies, as well as decreasing risks through healthy lifestyles, can help whanau to live longer and healthier lives.

Type 2 diabetes is 2.5 times as common in Maori as Europeans. Diabetes means that your body cannot ‘handle’ sugar well. The sugar level in your blood becomes high, and if not controlled this sometimes damages your heart, eyes, kidneys, or feet.

To increase our knowledge of how to improve prevention and care for people with diabetes who are at risk of cardiovascular (CVD / heart and stroke) and other diabetes complications, over the past 3 years Ngati Porou Hauora and many other primary health organisations took part in the University of Auckland’s national ‘Diabetes Cohort Study’.

Three of the researchers recently met with the Board Management and staff to share their conclusions - including that for Maori, cardiovascular risk assessments should start at age 35 years for men and 45 years for women. And that regular testing for diabetes should start even earlier.

KEY MESSAGES

Don’t wait to have a heart attack or stroke – get checked now.

Even when you feel well, ask your doctor or nurse:

- Have I/we had a diabetes check in the last 1-2 years?
- What is my/our cardiovascular risk? Is it ‘high’ - greater than 15%?
- How could I/we change my/our diet and exercise to lower the risk?
- Should I/we be on the protective medications?
- If you have diabetes, ask - what is my blood sugar level (HbA1c test)?
If your blood sugar (HbA1c) is above 7% then you need to increase your medication unless you can get your HbA1c level to 7% or less by losing weight and exercising at least 30 minutes per day, most days of the week (e.g. a brisk walk).

The Diabetes Cohort Study’s results show that Maori with diabetes have a 30% higher risk of heart attack and stroke than non-Maori, over and above all the usual risk factors like blood pressure, cholesterol, blood sugar (HbA1c) and smoking. And the higher the blood sugar (HbA1c), the higher the risk of heart attack, stroke and complications of the eyes, kidneys and feet. Death rates from diabetes are several times higher in Maori than non-Maori. The most common cause of death in diabetes is heart attack or stroke (cardiovascular risks).

Diet, exercise and avoiding smoking are the best ways to protect ourselves and prevent heart disease, stroke and other complications of diabetes. Through services such as Ngati & Healthy and Aukati Kai Paipa, Ngati Porou Hauora supports our communities and each other to embrace such protections that help to keep us well.

However the study also showed that, whilst very important, healthy lifestyles often need to be combined with other protective care for those with signs of diabetes or high cardiovascular risk. A combination of diabetes medications and at least three heart medications is sometimes also required, and can halve the risk of heart attack and stroke. These heart medications include low-dose aspirin, blood pressure lowering medication and cholesterol lowering medication. The study found out that about half of those at ‘high’ cardiovascular risk were not on these recommended protective medications.

National Guidelines recommend that doctors offer at least three heart medicines when people reach a ‘high’ risk of heart attack or stroke. A ‘high’ risk means that you have a 15% or greater risk of having a heart attack or stroke in the next 5 years. Those who have already had a heart attack or stroke are also at ‘high’ risk.

Your Ngati Porou Hauora clinics now have a ‘risk assessment tool’ for you to use with your GP or nurse to assess your level of risk of a heart attack or stroke, and if ‘high’ to make sure these risks are treated quickly to avoid illness and damage. The Hauora also offers regular checks for any early signs of diabetes, as well as activities to keep ourselves well. The more we can do together to prevent diabetes, detect its early signs, manage these earlier, and protect people from damaging complications the better.

TANGATA TU, TANGATA ORA
TANGATA NOHO, TANGATA MATE

An active person survives
An idle person suffers

Three University of Auckland researchers met on May 28 with NPH Board members to discuss research results regarding Diabetes & Cardio Vascular Disease Risk. From (L-R standing) A Forrester Tokomaru Bay, E Keelan Uawa, Jennie Harrer-Hindmarsh NPH Researcher, H Milner Hospital Services Manager, G Paerata Clinical Advisor, Dr Raina Elley, Dr Tim Keneally, Dr Sue Crengle, M Para and N Paenga Turanga.
(L-R seated) G Jahnske Chairperson, M Garmoensway Matakaoa, M Warmenhoven Ruatoria and M Keelan Relieving Board Secretary.
Mobile Surgical Bus 10,000th Patient Milestone Reached

Mobile Surgical Services surgical bus celebrated the achievement of a significant milestone by recently completing surgery on its 10,000th patient in Oamaru seven years after its first surgery at Te Whare Hauora O Ngati Porou (TWHONP) in Te Puia Springs.

Included in the celebration event were guests Stuart Morice of Ruatoria, the first surgical bus patient and Hugh Walker of Tolaga Bay, another patient from that first operating list to talk about their experiences as patients.

Cynthia Colbert Registered Nurse at TWHONP and Georgina Paerata ex-Hospital Services Manager and Registered Nurse TWHONP and current Clinical Advisor to Ngati Porou Hauora Board were part of the theatre staff (perioperative nurses) on that first operating day.

"It was a wonderful experience, that also continued for the next 6 years. The theatre was one of the most modern theatres in NZ and all of the equipment was so up to date," said Cynthia and Georgina.

We both felt privileged to have been included in the recent celebration along with Mr Morice and Mr Walker," they said.

"Mr Morice showed memorabilia that had been given to all patients. This included a travelling clock which looked pristine and a certificate acknowledging his attendance as the first patient on the first day of surgery. The certificate also had signatures of staff involved e.g., surgeon, anaesthetist, nurses and theatre technician. They were so delighted to have been included in the celebration," said Mrs Paerata.

"Both men spoke about how important it was to them to have been able to access day surgery at Te Puia Springs rather than having to travel outside of the area," she added.

Mrs Paerata stated that it was important that day surgery continued to be accessible at TWHONP and hoped that low risk general day surgery would be considered again in the future along with day dental surgery currently. The surgical bus was built to provide day surgery in rural NZ.

A powhiri and the launch of the Mobile Bus was held on March 7, 2002 at TWHONP supported by a big gathering of local kaumatua, whanau, health workers, and local dignitaries. The first operations took place in rural New Zealand (the next day.)

"A celebration was also held in Oamaru and people were delighted to receive the messages Georgina and Cynthia recorded for them at the celebration of the 10,000th patient to have had surgery on the bus at TWHONP," said Dr Stuart Gowland, Urologist and Director, Mobile Surgical Services Project.

"We showed the video of the first operating day on March 8, 2002 which had Georgina, Cynthia and the patients. It was incredible to have two of the patients on your recent recording especially Stuart Morice who was the very first patient," he added. "The messages from you all at NPH were very well received by the dignitaries and audience from Oamaru and they wished their best regards to be returned. It was a great day and evening and a great event for the bus," said Dr Gowland.

The mobile surgical bus which travels through rural New Zealand on a 5 week cycle, can conduct over 300 different low-risk elective day surgery procedures in 21 different rural communities. Rural patients have the opportunity to be treated close to home, and local medical and nursing staff have the opportunity to have hands on clinical training.

Georgina Paerata and Cynthia Colbert appear on the video taken during the celebration at TWHONP to the crowd in the auditorium at Oamaru.
For those of us who live away from the coast coming home is always a time to look forward to. Queen’s Birthday Weekend 2009 was highly anticipated by many with Te Aitanga a Mate affiliations with the opening of the newly renovated dining room at Whareponga taking place on Saturday 30th May.

Myself and Kea Gooding travelled back from St Joseph's Maori Girls' College together, where I am currently teaching and Kea is a Year 9 student. Our links to Whareponga are through our great grandparents, Apirana Pipi and Ema Pipi (Te Kani) who are brother and sister. It was wonderful to see Nanny Ema at the opening looking ‘fit as a fiddle’.

Saturday morning dawned clear and cold with a large crowd gathered outside, all wrapped up to stay warm.

Once the official karakia and himene were complete, everyone made their way through the building which looks amazing. Many would be pleased to know that the original kauta complete with open fireplace has been kept in its original state on the right hand side. The new dining room is bright, spacious and welcoming with a hallway connecting the wharekai to the wharenui. Off the hallway are the brand new...
showers and toilets. What a transformation!
The sun came up over Whareponga as light refreshments were being served then the crowd reassembled on the marae atea for performances by the iwi kainga and speeches from those who had travelled from near and far.
The hakari was then held in Nga Rongo Toa with the overflow seated in a huge marquee on the front lawn. As always the food was sweet, the singing beautiful and everyone made the most of this time to catch up with whanau.
That night saw live entertainment in the marquee from a band made up of musically gifted relations. Forget Susan Boyle – Whareponga’s got talent!
On Sunday, a thoroughly enjoyable church service was held in the church, St Michaels. Some of the future leaders of Te Aitanga a Mate were christened
by our Ministers for the day, Uncle Kaua Tuhura and Aunty Pane Kawhia.

A great weekend was completed with more delicious food served at lunchtime in the dining room.

A huge thank you to everyone who made this gathering the success that it was. I now look forward to the Pipi-Urupa reunion to be held at Whareponга at Christmas/New Years.

I heard Uncle Selwyn Parata tell a joke during the weekend. He said "ka haramai tetahi tangata ki te patai mai, he aha te kupu Pakeha mo Whareponга? Ko taku whakahoki ki taua ra patai, ko Paradise".

Whether you call it the Gung-ga, The G, or Paradise, it’s true what they say, there’s no place like home.

Ki a koutou, oku whanaunga, nga kaiwhakarite o tenei hui, te kawanga o Nga Rongo Toa, tenei te mihi nui, he mihi mutunga kore. Ma te Atua koutou, a, tatou katoa hoki, e manaaki, e tiaki.

Photos courtesy of Nori Parata

Story by Marek Pipi

"E nga mana o Te Aitanga-a-Mate, tena koutou i whakanui ai i te whare-kai o Nga Rongo Toa.

To mana i heke mai i o kau. Na ratau i tohatoha ki nga hopua wai o te Hotohoto, ki nga kokoru maha o te Tairawhiti, ki nga maunga whakahia o te whenua nei.

Te Aitanga-a-Mate PROUD!!"

Barry Soutar

"The opening of Nga Rongo Toa was a beautiful occasion. The gathering of whanau who attended warmed the very cool temperature. In fact, it was essentially a great big whanau reunion. I loved seeing whanau I haven’t seen for a long time, indeed to see so many of our whanau represented was truly awesome. The building itself is a beautiful tribute to the old Wharekai. Just beautiful."

Te Rau Kupenga
A Second High Level Agreement has been signed between Ngati Porou and the Crown

At the end of October 2008, a high level agreement was signed by Ngati Porou and the Crown recording agreement on key aspects of the settlement negotiations prior to the November general election.

The Ngati Porou settlement negotiators are pleased to report that a second High Level Agreement has been signed by the Minister of Treaty of Waitangi Negotiations, Hon. Chris Finlayson, and Te Runanga O Ngati Porou Chairman, Dr Apirana Mahuika.

A copy of the document is available on the Te Haeata website, www.tehaeata.co.nz. You can find the Agreement with the downloadable documents in the ‘About Us’ section.

The second High Level Agreement builds on the first agreement and outlines progress towards completing a settlement package. One of the features of this agreement is the Ngati Porou vision and cultural framework which provides a Ngati Porou framework and setting for negotiating and recording the final settlement. The agreement describes cultural redress items that were identified by Ngati Porou whanau at hapu cluster hui and three wananga held during February and March.

It sets out the timing for a full settlement offer which the Crown expects to make in the next few months. At that point, full details of the settlement offer will be released to Ngati Porou.

The Ngati Porou negotiators will be consulting with Ngati Porou over the next few months regarding settlement issues. It is envisaged that a number of hui will be held with Ngati Porou whanau/hapu clusters, as well as further wananga with Ngati Porou Taura Here.

Te Haeata launches free Nati email address

You have no doubt heard of Hotmail and Gmail, the free internet email addresses. Well, look out because Natimail has just been launched to help keep us Natis in touch. Natimail is a free email address for Natis which can be accessed from anywhere in the world.

Registering is easy, just go to the Te Haeata website or www.Natimail.com and follow the sign up instructions.

For more information on the Ngati Porou settlement negotiations check out www.TEHAEATA.co.nz or call the Ngati Porou hotline 0800 NPOROU (0800 67 67 68)

Ngati Porou – He Iwi Moke, He Whanoke!
Hands up those who want to think about ill health, financial trouble or having to end their involvement with the business that they love? If you think succession planning is all about these gloomy things, you’re unfortunately right! But there is a silver lining behind the gloomy cloud. Succession planning is empowering. If done right it will provide you with the means to reap the rewards of all your hard work.

**Succession**

You’ve probably heard of it before and have possibly been told by your accountant or other professional advisor about planning for it but, have you actually done it? For many busy business people the answer is usually “NO.” Regular Nga Kohinga contributor and Lawyer James Johnston, explores why that might be, but will also flag some issues to think about and discuss some content that is appropriate for a succession plan.

**The Meaning**

There’s no hiding the word “success” in “succession.” Why is this significant? Put simply, succession is “the successful exit from your business.” What does “success” mean in this context? I think of it in terms of being able to exit on your own terms. This is incredibly important after you’ve expended huge amounts of time and energy, and no doubt money, on the development of your business.

**The Reluctance**

It is an exit strategy, and so it is the next logical step after successfully navigating a business through the various stages of its life-cycle including start-up, development and growth. However despite planning for all of the front-end business steps, more often than not, business owners do not consider succession. This is probably for a number of reasons:

1. A natural reluctance to think about planning for retirement, death etc;
2. An inbuilt reluctance to let go of something you have built up and nurtured by handing it over to someone else;
3. A failure to recognise the true value locked up in the business and how to realise that value, focusing in instead on annual cashflow;
4. A lack of understanding what succession really means and how to go about planning for it.

Despite these reasons, it is inevitable that there will come a time when you will want or need to leave your business for good. Circumstances can change quickly and something might force you to exit the business, for example burn-out, financial difficulties, ill-health, or even death. Planning succession early allows even a forced exit to be on that business owners own terms.

**The Plan**

There is no perfect template or model for a succession plan because each plan will vary according to the type of business, size of business, personnel in the business and the market in which the business is operating.

Having said this, there are basically 3 steps to follow to put a succession plan together:

Step 1 is evaluating the business assets;
Step 2 involves evaluating the management of the business; and
Step 3 is collating the information from Steps 1 and 2 into a written plan.

**The Purpose**

The one overarching objective of succession planning which is common to all situations where the business remains operating is securing continuity of business management. However, objectives more specific and personal to the business owner may include:

1. The desire or need to fund retirement;
2. Meeting a desire to keep a family business within the family;
3. Fulfilling part of a strategy to expand the business (bringing in newer and younger blood);
4. Providing a means of exit pre-retirement, to pursue new opportunities;
5. Controlling and minimising business interruption during sudden changes in circumstances.

**The Roadblocks**

What sort of factors might affect your successful exit from your business?

For multi-owned businesses, the company’s
foundin
g documents are likely to have a significant impact on the practicalities or “success” of an owner’s succession plan. Most businesses act in accordance with a Constitution or Shareholders Agreement or both and these documents can contain restrictions that are relevant.

For example, most company constitutions include a clause stating that any shares for sale are first to be offered to the other shareholders. Likewise, many shareholders agreements provide for what’s called a “pre-emptive right”. They do not however address the small issue of funding that purchase! If to withdraw, you need to offer your shares for sale to the other shareholders, you need to consider how the other shareholders will get the funds to purchase those shares?

Some businesses, for example consultancies, are entirely dependent on the owner’s skills and contacts, and there may not be an option for sale or transfer of the interest. A succession plan in this case would involve the winding down and eventual closure of the business.

Some matters to evaluate in this scenario would be:

§ Cancellation of contractual obligations e.g. lease expiry dates for leased premises;
§ GST de-registration;
§ Final tax returns and liabilities;
§ Extraction of retained earnings.

The Review

A crucial part of ensuring the “success” of your succession plan is to subject it to constant review. This is so you can update it, if necessary, to reflect both the currency of the forecasted assumptions and also changes in the wider market.

Your plan should also be reviewed if something unexpected happens such as relationship upheaval (personal or business) or the loss of a key customer or supplier, or if your own succession objectives change.

The End

Succession is generally all about ending your involvement in your business. As a result it is very focused on what you are going to end up with. It makes sense then to think, as early as possible in the life of your business, about what you want out of your business.

Rainey Collins is based in Wellington, looking after the needs of private clients, businesses, and a wide range of organisations, across the whole of New Zealand.

James Johnston

James Johnston is a Partner with Rainey Collins Lawyers. He invites comments and feedback to jjohnston@raineycollins.co.nz or PO Box 689, Wellington, by telephone on 0800 RCW LAW. For further articles of interest across a wide range of legal subjects please visit www.raineycollins.co.nz.
EXCEPTIONAL GUEST SPEAKERS CONFIRMED FOR NGATA LECTURES IN JULY

Planning is well underway for the 2009 Ta Apirana Ngata Memorial Lectures, with an exciting array of guest speakers already confirmed. The lectures will be held from the 12th to the 14th of July at Ngata Memorial College’s school hall and will be open to the public.

The theme for the evening of Sunday 12 July is ‘Our Past’ focusing on the Treaty of Waitangi. Hon. Chris Finlayson, Attorney-General, Minister for Treaty of Waitangi Negotiations, Hekia Parata, National MP for the Mana Electorate and Dr Apirana Mahuika, Chairman of Te Runanga o Ngati Porou will speak at what is sure to be a thought-provoking lecture. Beautiful old film footage of life on the East Coast will be shown courtesy of the National Film Archives, Wellington.

The night of Monday 13 July will discuss ‘Our Present’ with the story of the book Nga Tama Toa: the Price of Citizenship being brought to life. This book was recently named as a finalist in the Montanas – New Zealand’s premier book awards.

EXCEPTIONAL GUEST SPEAKERS CONFIRMED FOR NGATA LECTURES IN JULY

A lecture by Dr. Monty Soutar will bear out the relevance of the Maori Battalion’s sacrifices for Ngati Porou today.

Dr. Monty Soutar

Te Rangitawaea Reedy, Producer / Director, Pounamu Media Group will screen the documentary Amohia Te Mauri:

L to R: Karly Richard & Hineteariki Parata-Walker

Uphold the Legacy which he has produced for television. The documentary will screen on TV in August and follows the 62 year journey that began with a letter Sir Apirana wrote in 1946 and concluded in 2008 with the publication and launch of Nga Tama Toa: The Price of citizenship.

Talented young guest speakers on the night will include Karli Rickard (Senior English) and Hineteariki Parata-Walker (Senior Maori) who both won at the recent Tairawhiti Regional Nga Manu Korero competition for Secondary Schools. They will repeat their winning performances which addressed the topic of the Price of Citizenship.

With the help of The Film Archive, footage of some of the early Ngata Lectures will also be shown.

The third and must-see lecture on Tuesday 14 July will be on Ngati Porou -‘Our Future’. A range of exceptional young speakers (business and sports people, urban and home-based under the age of 35) have agreed to talk about where they see Ngati Porou in the next 25 years.

Travis O’Keefe (Ngati Konohi) is the owner of $13 million worth of businesses in two main companies he founded in Auckland just five years ago, including the very successful Health TV. A sought-after speaker on the public circuit, Travis will talk about the benefits of positive attitude, the advantages of being Maori in the business world and being urban Ngati Porou.
Maria Wynyard (Te Aitanga-a-Mate) will compliment Travis’ korero by providing the home-grown Ngati Porou perspective.

For the sports fans, the awesome Tamati Ellison (Te Whanau a Ruataupare ki Tuparoa) a mokopuna of Lt-Col Peta Awatere and NZ Sevens and Hurricanes rugby representative will also be speaking on the last night. Tamati will have just returned from the Junior All Blacks overseas tour.

Dr Jonathan Zyzalo (Te Aitanga-a-Hauiti) is an expert in robotics and currently works for an Auckland company designing and building state-of-the-art laser technology for plastics prototyping used in design and manufacturing. Dr Zyzalo will provide an intriguing insight into his amazing speciality.

The lectures are in the evening and during each afternoon (2-5pm) additional hui will also be held at Ngata College. From 2-5pm on Sunday and Tuesday afternoon, Te Runanga o Ngati Porou’s sub committee Te Haeata will update Ngati Porou on the proposed Treaty of Waitangi Settlement package being negotiated with Government and seek input from those who attend. On Monday afternoon there will be a Foreshore and Seabed Implementation Update.

The lectures are in the evening and during each afternoon (2-4pm) Te Runanga o Ngati Porou’s sub committee Te Haeata will update Ngati Porou on the proposed Treaty of Waitangi Settlement package being negotiated with Government and seek input from those who attend.

For more information about the Ngata lectures or Te Haeata please visit our website www.ngatiporou.com or contact the free phone number: 0800 NPOROU or 0800 676768

Please note:

FREE buses for our pakeke will run each day from Gisborne & Hicks Bay to the lectures. To book a seat on the bus please call 0800 676768. Accommodation will also be available at Mangahanea Marae.
TA APIRANA NGATA MEMORIAL LECTURES

12th – 14th July 2009 - 6.30pm – 9.00pm
Venue: Ngata Memorial College

Te Haeta Consultation Hui for Ngati Porou Treaty of Waitangi Settlements will be held from 12 – 14th from 2.00pm – 4.00 pm

Purpose of Consultation Hui
• To outline the overall agreement package
• Present a summary of the work carried out around the Post Settlement Governance Entity and a preferred model explaining the workings of it

Sunday 12th July, 2009 - Ngati Porou Past: Te Tiriti o Waitangi
• The New Zealand Film Archive
• Dr Apirana Mahuika
• Hekia Parata, M.P.
• Hon. Chris Finlayson (Minister for Treaty Settlements)
- Presents historic film of Ngati Porou
- Who Signed Te Tiriti and Why?
- A Way forward with Te Tiriti
- Treaty Settlements

Monday 13th July, 2009 – Ngati Porou Present: Relevance of the “Price of Citizenship”
• Archives New Zealand
• Karli Rickard (Winner Senior English Tairawhiti Region)
• Hineteeariki Parata-Walker (Winner Senior Maori Tairawhiti Region)
• Te Rangitaweaa Reedy (Pounamu Media)
• Dr Monty Soutar (Nga Taonga o Nga Tama Toa Trust)
- Film of Ngarimu VC Hui 1943
- Manu Korero Price of Citizenship: What is the gain for so much loss?
- Manu Korero Nga Tama Toa: He aha te painga mo te parekura penei rawa?
- Presents “Amohia Te Mauri”
C Coy Doco to screen on TV in July
- Nga Tama Toa: story of the book which is a Montana finalist

Tuesday 14th July, 2009 – Ngati Porou Future: Where in 25
• The New Zealand Film Archive
• Ngati Porou in 25 years
• Travis O’Keefe
• Maria Wynyard
• Tamati Ellison
• Dr Jonathan Zyzalo
- Historic Ngata Lectures 1984
- Guest Speakers (Under-40)
- Entrepreneur $13mill. business
- Home grown Ngati
- New Zealand 7's/Junior All Blacks
- Robotics (Mechatronics) Expert

For further Information contact Te Runanga o Ngati Porou
Phone 0800 67 67 68 www.ngatiporou.com
Workshops Inspire Digital Creativity

Around 160 rangatahi and kaiako from Ngati Porou East Coast schools attended a series of twelve ICT (Information Communication Technology) workshops in mid-May.

E Tipu E Rea organised the weeklong event for both Primary and Secondary age students, running several workshops each day at Ngata Memorial College.

The kaupapa behind holding the workshops was to extend the skill development of schools preparing their ICT entries for the annual Te Rangitawaea Festival in September. Experts from a wide variety of digital media industries were selected to teach the workshops. All the tutors not only shared a passion for their chosen digital media profession, but also brought industry credibility and skills they were keen to pass on to the students.

Laurence Rangi, a Gisborne based musician from the band Skankamelia, taught students how to write their own songs, which they also performed and recorded. One teacher who attended the workshop said Laurence encouraged the students to take their song composition to a higher professional level.

Auckland based tutors Pita Turei and Tearepa Kahi delivered the scriptwriting and acting workshops. Both tutors brought with them not only years of experience in the film and television industry, but are also currently the CEO (Pita) and Chair (Tearepa) of Nga Aho Whakaari—the National Maori Film & TV organisation. Students and kaiako learnt the secrets of how to write successful short film scripts, and also how to act for the screen. Comments from both tutors said the rangatahi showed natural talent in each art form, but the acting students initially felt challenged by having to learn how to inhabit a character, instead of “hamming it up” for the cameras. The Junior 3D animation workshop was tutored by Samantha Thompson a teacher from Hatea A Rangi school, who showed participants how to use a new animation software called Marvin. Two 16 year old students from Tolaga Bay Area school delivered the Senior 3D Blender animation workshop to their secondary age peers from other kura. Both Brent Kingi & John Proffit won the 2008 Nati Award last year for Best Senior Animation, with their pioneering 3D animation entry.

Tokomaru Bay based tutor Ivan Lomax, an experienced ICT facilitator within the East Coast/Gisborne area, delivered the Wiki workshops. Wiki’s, like Bebo & Facebook are the new websites for the 2.0 social networking generation. Professional Film-Maker Tips & Tricks workshops were offered to all rangatahi. Gisborne based television news camera operator Pat Makiri delivered the workshop to Senior students. Pat’s students learned how to sequence their shots and how to improve their framing and composition. Tokomaru Bay based tutors Trudy Lewis (a documentary maker) & Wiremu Raihania (a graduate from 2007 South Seas Film & TV School intake) taught the Junior students. Trudy and Wiremu’s group learned the basics of visual composition, special effect make up techniques, as well as how to create their own low budget filmmaking accessories. All three film-making tutors expressed how they had identified particular students who had a creative eye, and showed the potential to go further in the industry if supported.

The series of ICT workshops were well attended by the schools, and many of the students and adults expressed they had both enjoyed and learnt many new skills from the workshops. Other positive benefits included networking and also inspiring and motivating participants to continue to improve their ICT knowledge and experience.

To find out more about the 2009 Te Rangitawaea Festival go to www.terangitawaea.com
As previously stated, I am of Tainui, Waikato descent and am a sport and exercise psychologist employed by Ngati Porou Hauora to address physical activity and consequent health issues on the East Coast as part of the Ngati and Healthy programmes. In this addition - information pertaining to the reintroduction of Takaro Tawhito back onto the East Coast is provided as a further format for increasing physical activity.

I first began teaching Takaro Tawhito as a lecturer in Maori Health, Sport and Physical Activity at the University of Otago’s School of Physical Education in 2003 – a role that I still provide as a link to physical activity research for Ngati Porou Hauora. Interestingly it was not until my move to Uawa in 2007 that the interest in Takaro Tawhito increased dramatically. Certainly this has been partly due to the fact that some of these games originated from Ngati Porou and have not been here seen for some fifty years.

Where we are taking the initiative with Ngati Porou Hauora (NPH) is providing yet another platform for more Ngati’s to be involved in physical activity without the prerequisite of being told to do exercise for their health. With Takaro Tawhito the physical benefits become an incidental outcome of having fun chasing the ball while laughing out loud.

So what’s the real attraction? Well for one game in particular the East Coast has a long historical connection that the rest of the country is now experiencing first hand. Ki o Rahi or the Ball of Rahitutakahina has a very interesting and diverse history that is surprising many, least of all the ‘Ngatis’ that had so much to do with its’ inception. Contentious as it is, Ki o Rahi is a game that has been reported by various iwi around that motu but appears to have the earliest connections with Ngati Porou and especially with Te Araroa. Maori games expert / researcher, Harko Brown (author of Nga T aonga T akaro, 2008) recalls speaking with individuals from as wide ranging as Kawhia to Kerikeri and Turangi to Te Araroa with the most in-depth information and earliest recollections of the game coming from Te Araroa.

More recently the Italians and French who fought alongside members of the 28 Maori Battalion recollect playing versions of Ki o Rahi as a means of gambling during War downtime and have in fact retained the game in Europe under the same title – Ki o Rahi. This means that while very few in Aotearoa remember the game it has remained popular in certain areas of Europe where 28 Maori Battalion members were based so much so that some fifty years on France have challenged New Zealand to a test match in Ki o Rahi to be played in Paris on October 2, 2010. Ironically when I asked Dr Monty Soutar if he had any recollection of Maori Battalion members mentioning the game in his recent Maori Battalion publication, he said that none spoke of it at all. However, Harko Brown who travelled to Italy and France to research the game said that the World War II veterans were falling over themselves to tell of fighting alongside Maori followed quickly by descriptions of the game and how much money they lost to Maori attempting to beat them in Ki o Rahi.

Even more recently (2005) the game Ki o Rahi, again under the same title, was taught into 30 000 schools in America as a joint project with the US federal government and McDonalds restaurant. That roughly equates with 4 million kids in the states that know how to play our game where one in a hundred is lucky to have heard of the game here. Astounding. I wanted to know what our Ministry of Education was doing to reintroduce the game but was met with a stony silence, likewise from SPARC. Those issues aside the most pertinent aspect of all is the platform that Ki o Rahi provides for getting more Ngatis active through the reclamation of a game that is so closely associated with their iwi.

Additionally, I have been travelling the motu providing training wananga on Ki o Rahi alongside other games (over 100 pre-European games). This is a process that I have been conducting not only as a show of manaakitanga from Ngati Porou Hauora but more importantly as a means of accessing health initiatives from other districts. That means, while almost every
iwi is desperate to get their hands on Takaro Tawhito information. NPH is reaping the benefits of gaining access to health initiatives from DHB’s, Health Promotion agencies and Sports Trusts nationwide while sending out a clear message that NPH is the pre-eminent, leading authority on Takaro Tawhito AND providing unique approaches that remove a deficit approach to Maori health. More specifically, where GP’s nationwide are telling Maori how highly represented we are in poor health statistics, at NPH I’ve been telling them how highly represented they were in traditional games. Least of all the opportunity presents itself to again be the class leaders in health promotion through a positive format that ignores the poor health statistics and promotes the strengths of Ngati Porou people.

This means health as an incidental gain of playing sports that were once the stronghold of Ngati Porou and the reciprocal access to health initiatives nationwide. If nothing more then at least the move to have Maori health providers sharing information is a productive process in its own right. Lastly, Uawa again have taken up the challenge by attempting to build a traditional field for Ki o Rahi with all of the seven pou and central Tupu being carved and permanently in place. Also the National Association for Ki o Rahi (inaugural meeting 7 June, 2009) have asked that the final selection for the national team to play France be played in Uawa in September 2010. While applications are being made to Creative New Zealand to build a Ki o Rahi field that can act as an art piece, a tourist attraction and a game playing field – I have managed to become the co-coach with Harko Brown for the national team.

For more information on Ki o Rahi and other games, Sport Gisborne will be hosting a free two day wananga which I will be leading in the last week of June 2009 (contact Doug Wilcox at sport Gisborne to register your interest).

Also, interviews were conducted on CODE, Native Affairs and National Radio that can all be accessed online. Looks like Ki o Rahi is finally on the way back to its homeland after a long time offshore but with great opportunities ahead.
Children who celebrated Matariki
Matariki celebrations keep getting better and more popular on the East Coast, with the third festival held on Monday at Waipiro Bay.

Around 400 people came to the festival over the course of the day to enjoy live music, stalls, displays, bouncy castles and a traditional kite-making competition at Iritekura Marae.

"The locals really appreciated it, although in 14 years of running festivals this was the first wet one," said organiser Te Runanga o Ngati Porou tourism manager Paora Brooking.

"Although we didn’t get the sun we had the Sons of Io playing, as well as one of the East Coast’s favourite sons - Te Hamua Nikora, who was the MC for the day."

As well as reggae originals from Sons of Io, there was some brotherly jamming from the Pirihi brothers’ band, Tribal Conexions. There was also jazz from Vicki Horsfall’s Jazz Quartet, and some great mixing of old and new from Waipiro Te Kura Kaupapa Maori pupils, said Mr Brooking.

“They put on a play of a story about Ngati Porou ancestor Iritekura - whose father was Tuwhakairiora - with break-dancing battles instead of real ones.

“The marae committee went all-out to host it, and I owe them huge thanks. It was awesome to have the community behind the event - Ngati Porou Forests, Radio Ngati Porou, Hikurangi Food Market, Sunburst Cafe, the Ruatoria water truck and Te Hauora o Ngati Porou who sponsored it, and runanga staff donated a lot of the prizes.”

It was great to see young people celebrating Matariki again, said Waipiro Bay kaumatua Elder Tereo.

“It’s a good start for Maori to celebrate Matariki, and getting our own people to understand the significance of Matariki - what it is and what it means - because a lot of the garden culture that linked us to the land is gone.

“If Matariki is bright, it means it’s going to be a good year. The appearance of Matariki, as well as being the start of the year, was a time to prepare the garden. When Pipiwharauroa, the shining cuckoo appears, it is time to plant.”

Story courtesy of The Gisborne Herald
Photos courtesy of Te Runanga o Ngati Porou
KEY APPOINTMENTS ANNOUNCED AT MĀORI TELEVISION

Māori Television has announced two key appointments to its Programming management team.

Television broadcaster CAROL HIRSCHFELD (Ngāti Porou) has been appointed to the newly created position of Head of Programming for the Māori Television channel.

Maori Television manager ERUERA MORGAN (Te Arawa, Tainui) has been appointed to the newly created position of Head of Programming for the Te Reo channel.

The establishment of the two new positions follows a reorganization of the Programming department that is aimed at increasing the level of professional television production and programming skills, as well as providing dedicated resource to the development of the 100% Māori language Te Reo channel. Both positions report to the General Manager Programming.

Carol Hirschfeld has more than 20 years experience in the television industry working as a news reporter, presenter, director, producer and executive producer. She joins Māori Television following 11 years at TV3 where she co-presented 3 News and, for the past four years, has been executive producer of Campbell Live managing a team of 30 staff. Her producing experience includes news, current affairs and magazine format programmes.

General Manager Programming, Haunui Royal, acknowledged the appointment of Carol Hirschfeld to this key position at Māori Television as a coup that would bring sought-after professional television broadcasting skills and experience to the indigenous broadcaster.

“At Māori Television we are focused and committed to growing the quality of our programming. This is a key priority for us. Carol Hirschfeld is a broadcaster who has a wealth of experience and production expertise and whose personal commitment to high quality public broadcasting is a perfect fit for us,” he said.

Carol Hirschfeld said the move to Māori Television offered a unique career development opportunity in an environment where she could contribute her skills towards the advancement of kaupapa Māori.

“I am truly delighted to have the opportunity to take up this challenging new position. Since its launch five years ago, Maori Television has gone from strength to strength, establishing itself as a broadcasting service that plays a vital role in defining this country’s identity. Television needs to be relevant to and reflective of the people it serves, and I look forward to being part of Maori Television’s mission to make programmes that resonate with all New Zealanders,” she said.

Eruera Morgan has spent his career producing, directing and presenting Māori language television programming. His television background includes directing and producing current affairs, documentaries, magazine, and sports programmes. In 2008 he was appointed Head of Production for Māori Television. This new role as Head of Programming for the Te Reo channel will see him responsible for developing a schedule of high quality Māori language programmes across a range of genre.

“Quality, in terms of both programming and Māori language, is a crucial component of our work. The purpose of the Te Reo channel is to acknowledge, preserve and showcase the Māori language in all its forms, from classical Māori through to contemporary Māori. Eruera brings to this important role his own personal commitment to the language coupled with an innate understanding of the challenges facing a television broadcaster,” said Haunui Royal.

“Both these appointments signal exciting times ahead for our organisation as we continue to make our contribution to the revitalisation of the Maori language and the nation building of our country.”
Rikirangi Gage has been appointed to the Board of Maori Television

Whareponga Wharekai opening-Photos by Nori Parata
Navy Recruitment—Te Whaiora Horomia-Kawai

Born and bred in the heart of Ngati Porou, Te Whaiora, also known as Kui and Guri, has lived her whole life in Ruatoria raised by her parents and nanny and attending Manutahi Primary School and Ngata College.

Her interest in the Navy began in her 6th form year when she spoke with a Navy recruiting officer at a secondary schools career expo. He opened her eyes to the possibilities of what Navy life could expose her to. This was an exciting prospect to a small town girl who has grown up working alongside her dad on Tawai station working the land, loving the animals and loved by her family.

Te Whaiora is currently undergoing an intensive 11 week training course with the Royal New Zealand Navy and is into her 9th week. At the completion of this she will take a brief break then undergo specialist training in her chosen naval career as a Combat System Specialist before being posted to a frigate.

It is with immense pride and the love of all her whanau and community Te Whaiora is counting down the days until she graduates on Friday 3rd July 2009.

When asked what she misses the most, Te Whaiora says, her whanau and friends, her babies of Burdett Place, her animals, The Hikurangi Foodmarket Crew and The Kai Kart!!!!

Te Whaiora’s ambition is to travel the world as a sailor in the Royal NZ Navy and by the looks of things she is well on her way to achieving this!!!

She has certainly come a long way since her baby days at Hinetapora Te Kohanga Reo at Mangahanea Marae.

NPEC 2009

NPEC fielded an inexperienced side against Poverty Bay on the 30th May and took a heavy loss 46-3. The new look side included some very young players who considering the strength of the opposition performed very well. The Heartlands competition begins on the 29th August with an away game against Wanganui. The season’s fixtures are as follows;

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Sport is usually governed by the weather and this season has been a trying time for all parents, supporters and players involved in the JAB competition. The JAB should be into its 5th week of competition but because of the weather conditions have only managed to hold 2 rounds.

The first was held in Tokomaru Bay in excellent conditions. Whanau showed up in good numbers to support the children and it was reflected in the excitement that they showed on the field.

In Te Araroa an increase in support from the local community was evident with outstanding support being shown for the youngsters.

Support has also come from local businesses. Skyline Garage Gisborne and Export Meat have collaborated to put on a sausage sizzle each week and Ingleby has once again come to the financial aid of the competition. The ECRFU would like to thank the sponsors for their unwavering contributions to rugby on the East Coast.
Each week three representative teams travel to Gisborne to play in the Poverty Bay competition. Some players show extreme commitment with ten students traveling from as far North as Whangaparaoa to participate in the JAB competition and a number who also catch the 6am bus from Potaka to play in Gisborne.

The U-13 representative team is doing well in Gisborne and is proving to be very competitive in the early stages of the competition. The team will also be participating in the Macdonalds U-13 tournament to be held in Gisborne on the 6th, 7th and 8th July.

The U-15 team, in their 4th week of competition has had a faultless run winning all of their games so far.

Area Schools
The local Ngati Porou Area Schools (high schools) will merge their top players and take part in the Area Schools Competition to commence shortly. The combination of TKKM o Whangaparaoa, TKKM o Kawakawa mai Tawhiti, Te Waha o Rerekohu, TKKM o Te Wai U and Ngata Memorial College will provide a strong side for the regular mid-week fixtures to begin shortly.

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**Club Rugby**

The Kath McClean Memorial Trophy for round one was won by Hikurangi and round two is well underway. A number of clubs have struggled to field a team each week but despite this have not conceded to recession and their supporters are as ardent as ever.

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<td>Fulton Hogan</td>
<td>Cnr Parkinson &amp; Solander Street Gisborne</td>
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<td>Chainsaw &amp; Mowers</td>
<td>345 Palmerston Rd Gisborne</td>
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More and more frequently, Kapa Haka is taking our people to foreign lands and far off countries. Kanei Johnston is a performer who will soon enjoy spreading our culture in France.

He is heading to France with his South Island performing arts group ‘Te mana o Mareikura’, they have been invited by The National Confederation of French Folklore Groups to tour for a month starting late June.

The group will land in Paris on 24 June 2009 and travel to the festivals of Voiron and Bourg Saint Maurice - French Alps. Mareikura will also perform throughout the south-eastern part of France: Voiron, Grenoble, Crest, Thorens Gileres, Annecy, St Laurent du Point, Chambery, Moutiers, La Frette, Rives, Tourmus. Performance environments include high schools, educational institutions, elderly homes, city theatres and outside festivals that attract thousands of people each year.

Organiser Zelida Stueltsatz of the Confederation says “The organisers have chosen New Zealand as a focus for the festivals and would especially like to promote the Māori culture”.

The selected team of 30 have started training for the 4 week tour and will be performing traditional and contemporary brackets while in France.

Kanei with his partner Katirna Parker
Opshoons 2009

“Success is not the key to happiness, happiness is the key to success, and if you love what you are doing, you will be successful.”
This is what the Youth Transition Services Gisborne team had in mind when they developed “OPSHOONS”, their Youth Week event for 2009.

Te Waha o Rerekohu Area School in Te Araroa, put on a stunning day to host Opshoons - a Job Demonstration Exhibition on Friday the 29th May 2009.

Pictured below: Jeremy Derbyshire aka DJ Hat encourages Ngata College student to have a go!

The expo showcased around 20 interactive demonstrations of a variety of occupations, presented by those currently making a living in their chosen areas of interests; such as a professional DJ, a beauty therapist, and a bee keeper to name a few. The common factor between all exhibitors was their passion for what they do, and their willingness to share and inspire our youth. All exhibitors had a connection to the Tairawhiti, being either resident, thru family and being brought up on the Coast. This combination provided an awesome atmosphere for participants, who took advantage of the opportunity to have a “tutu”, ask questions, to see whether they “have what it takes” (to quote the Army fullas) to explore career “opshoons” further.

Opshoons provided just a taste of what careers are possible for our youth in the big wide world, what was surprising is that all the careers on demonstration were the few in action in our local area. As one young lady mentioned “it was great to see that there are more jobs available in this area than just fruit picking”.

Pictured above: Bee keeper Rangi Raroa displays an active hive demonstrating the differing behaviours of bees to students.

The YTS team is extremely grateful to our talented exhibitionists for giving of their time and resources; to our inspirational young leaders, supportive sponsors, and a special mention to all the staff and students of Te Waha O Rerekohu Area School and the community for the fantastic hospitality and support shown. We concur with a couple of young fullas response to sum up the day “Mean!”.

Pictured above: Rachel Malone of Botanical Beauty giving Rerekohu student Materoa Atkins-Waita a facial.

The YTS team is extremely grateful to our talented exhibitionists for giving of their time and resources; to our inspirational young leaders, supportive sponsors, and a special mention to all the staff and students of Te Waha O Rerekohu Area School and the community for the fantastic hospitality and support shown. We concur with a couple of young fullas response to sum up the day “Mean!”.
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